

PhD, BCIA Biofeedback (Senior Fellow) Neurofeedback (Senior Fellow)

The doctor is a retired professor of York University, where she taught sport psychology, coaching, and self-regulation courses. Her experience includes Biofeedback and Neurofeedback in a medical center, counseling center, businesses, and in schools. For years she ran a program with her graduate students who assessed and trained executives in large organizations including pharmaceutical, paper products, electronics, accounting and the financial industry.

The doctor has served on the Board of Directors for both sports organizations and biofeedback organizations. She has worked with a variety of sports and varying levels of experience of athletes. She has worked with the novice athletes to Olympic and world champions.

Her Biofeedback and Neurofeedback Performance Enhancement Suite is used world wide for the assessment and training of individuals who wish to attain elite performance.